

the body as art

To Dr. Julio L. Garcia, a patient's body is a canvas to be painted, clay to be molded, a classic piece of art to be perfected with the surgeon's skilled hand. In fact, the Las Vegas plastic surgeon says he is like an artist whose patients are "patrons" commissioning him to transform their bodies into works of art.

BOARD CERTIFICATION

American Board of Plastic Surgery

American Board of Facial Plastic and Reconstructive Surgery

MEDICAL DEGREE

University of Illinois at Chicago

PLASTIC AND RECONSTRUCTIVE SURGERY RESIDENCY

University of Illinois Medical Center

CRANIOFACIAL ANOMALIES RESIDENCY

University of Illinois Medical Center

AFFILIATIONS

American Society for Aesthetic Plastic Surgery
American Society for Laser Medicine and Surgery
American Society of Plastic Surgeons Fellow, American College of Surgeons
International Society of Aesthetic Plastic Surgery

PROCEDURES PERFORMED

Abdominoplasty
Blepharoplasty
Breast Augmentation
Facelift
Liposuction

LOCATION

Las Vegas, Nevada
702.870.0058

WEB SITE

www.lvcosmeticsurgery.com

It's easy to understand Dr. Garcia's connection with art and with medicine. The son of a surgeon, Dr. Garcia knew from his teenage years that he wanted to use his hands to create art. As a biology major with an art history degree, he chose the role of healer and teacher to further his education. He educates patients, letting his insights guide their decisions. "I believe in telling patients what is truly achievable." His professional, yet casual demeanor is reflected in the design of his new office, which uses a spa-like motif Dr. Garcia calls a "rejuvenation vacation." Staffers, linked wirelessly to the paperless computer network, walk with their laptops along the sand-colored, stamped concrete floors. Walls in the waiting area boast plasma screens showcasing images of art that Dr. Garcia has collected over the years. Rattan and wood furniture convey a tropical atmosphere. "It's relaxed, which is how I think patients would like to feel," he says.

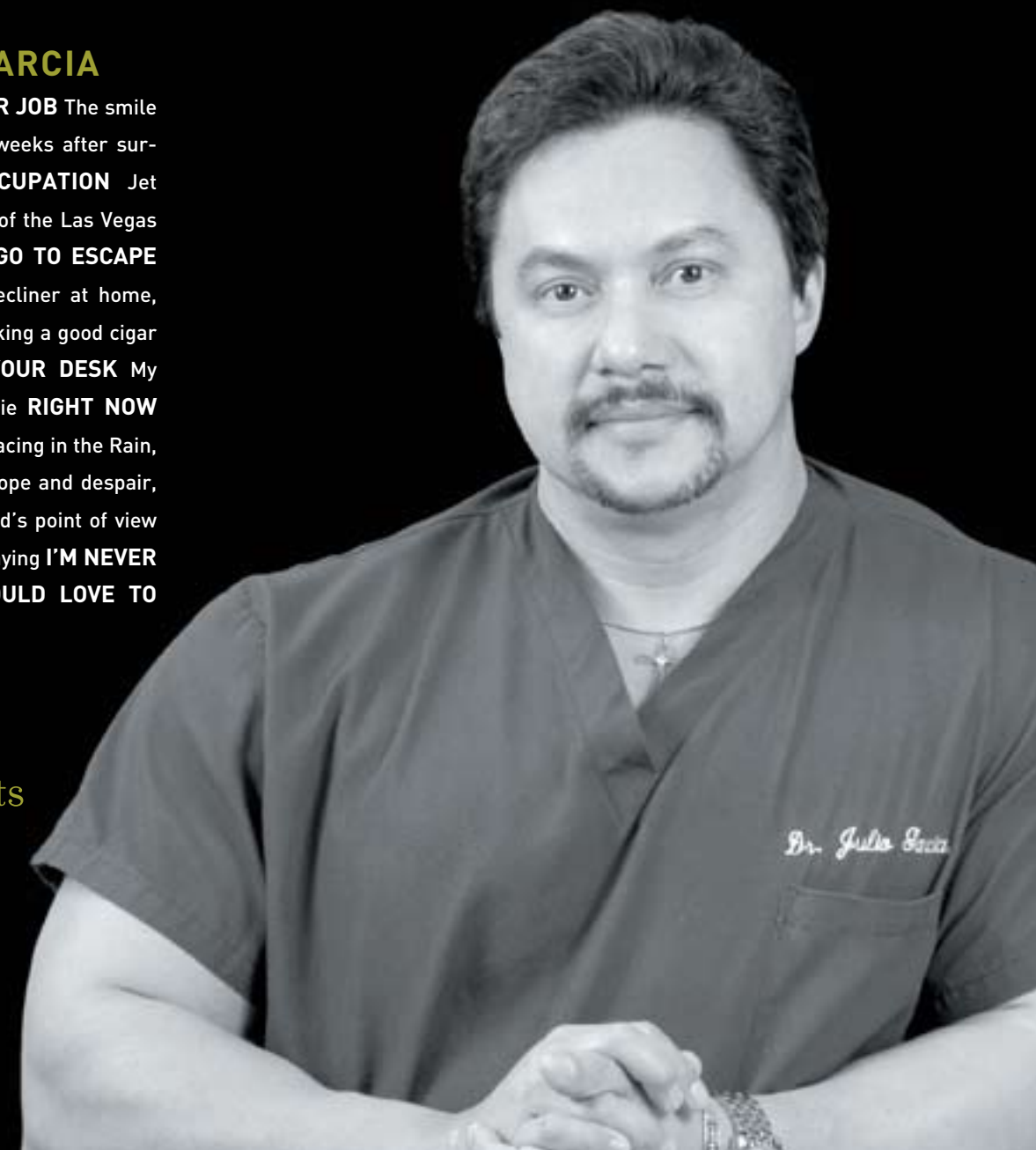
Whether he's performing a facelift or ultrasonic liposuction, or any other procedure, Dr. Garcia says that he strives to provide services that will improve his patients emotionally by increasing their self-confidence and giving them a competitive edge in life and work through a more sculpted, contoured appearance. It all goes back to his role as artist to patrons. "They chose a certain artist for their task. Together, you might say, we're turning them into a 21st century work of art."

DR. JULIO L. GARCIA

FAVORITE PART OF YOUR JOB The smile on the patient's face four weeks after surgery
ALTERNATIVE OCCUPATION Jet pilot
HOBBIES Being part of the Las Vegas SWAT team
PLACE YOU GO TO ESCAPE THE OFFICE The black recliner at home, listening to music and smoking a good cigar
FRAMED PHOTOS ON YOUR DESK My wife and best friend, Sandie
RIGHT NOW I'M READING The Art of Racing in the Rain, by Garth Stein. It's about hope and despair, seen from man's best friend's point of view
I START EACH DAY By praying
I'M NEVER WITHOUT My iPod
I WOULD LOVE TO OWN A private island

"I believe
in telling patients
what is truly
achievable."

—JULIO L. GARCIA, MD, FACS



INSIDE INFORMATION

A QUICKER HEALING PROCESS

The healing process following a **FACELIFT OR TUMMY TUCK** can be a long, slow road, says Dr. Garcia. Bruising, swelling and drainage combine to create an uncomfortable recovery, which drives some patients into seclusion until much of the healing is complete. Influenced by watching how heart surgeons use a patient's own blood to speed healing, Dr. Garcia employs "**TISSUE GLUE**" or fibrin sealant. While prepping for surgery, a nurse draws less than two ounces of the patient's own blood. The blood is then placed in a centrifuge to separate out the red cells. It is this yellow serum, or plasma, he says, that contains the **BODY'S NATURAL HEALING AGENTS**. "I find that when concentrated and sprayed on skin tissue, incisions and wounds bind more readily, and fewer bandages and sutures are needed. It really makes a quantum leap in terms of getting my patients back up and in public in less time."